The Handcart Song

Words & Music by John Daniel Thompson McAllister

Pictures from: The Friend & The Ensign
When pioneers moved to the West,
With courage strong they met the test.
They pushed their handcarts all day long,
And as they pushed they sang this song:
For some must push and some must pull,
As we go marching up the hill;
So merrily on our way we go
Until we reach the Valley-o.